

**Murray Carlson SRC, NCLC, CFRC**  
Sex Addiction Recovery Coach  
Nationally Certified Life Coach  
Christian Family Recovery Coach  
Career Coach

### **Certifications**

#### **A.A.S.A.T.**

American Assn. of Sex Addiction Therapists  
Dr. Doug Weiss, Colorado Springs, CO

#### **The Addictions Academy**

Center For Christian Family Recovery  
Dr. Cali Estes, Miami, FL

I have known Murray for nearly ten years. I have heard him speak to groups and successfully counsel individuals and couples that suffer from the devastating effects of sex and porn addiction.

His knowledge, experience, spiritual foundation and caring nature have enabled Murray to bring healing to many, often when hope is lost. I highly recommend Murray as a trusted practitioner in this very needed service. Murray has a powerful message that bears witness to the power of faith based recovery.

Scott McCawley M.Div  
Catholic Priest  
Diocese of Joliet

A Professional Recovery Resource for:

- ✓ Sex Addiction
- ✓ Love Addiction
- ✓ Relationship Addiction
- ✓ Pornography Addiction
- ✓ Compulsive Sexual Behavior
- ✓ Alcoholism
- ✓ Drug Addiction (including Opiates)
- ✓ Healthy Sexuality
- ✓ Building Intimacy
- ✓ Restoring Trust
- ✓ Spouse / Partner Abuse
- ✓ Domestic Violence

Additional Coaching with my wife Betsy:

- ❖ Spouse / Partner Recovery Coaching
- ❖ Couple to Couple Recovery Coaching
- ❖ Woman to Woman Recovery Coaching
- ❖ Abused Partner Recovery Coaching

Betsy Carlson C.D.V.P.  
Certified Domestic Violence Professional

# **Addicted to Sex or Porn?**

*"Repent, for the kingdom of heaven is at hand."  
Matthew 3:2*

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**Christian Family Recovery Coach**



**American Assn. of Sex Addiction Therapists**

**Recovery Ministry for:**  
Individuals  
Couples  
Groups

Over 30 years of personal recovery. Man to man or as a couple, we live the solution we are blessed to teach others.

*"Then the devil left him, and behold, angels came and were ministering to him."  
Matthew 4:11*



## Why me, why us?

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- A successful 43 year marriage that has withstood addiction, infidelity and broken trust.
- Over 30 years of recovery achieved through God's blessings, professional support and 12-Step groups.
- Professional Addiction Recovery Training, proven tools and daily strategies.
- **For individuals:** Building a path from confusion, crushing shame and addiction into joy.
- **For couples:** powerful messages of hope from a couple that turned tragedy into trust, intimacy and love.
- **For groups:** Engaging personal stories of hope and faith, proven strategies and tools that create healthy, loving relationships.

## Testimonials

"I talked to family counselors and pastors, but no one understood my situation with addiction to sex and porn and how to help like Murray". Gregg H, Litchfield, IL

"After several years of failed attempts to get sober from sex and porn addiction I knew I needed more help and the 12-Step programs. Murray provided me accountability, education and set a daily routine that kept me out of trouble. I just celebrated two years and I owe it to my faith, the SAA 12-steps and Murray's day to day guidance on how to get and stay sober." James H, Glen Ellyn, IL

"For over 20 years I have seen Murray's spiritual work transform addicts from despair and hopelessness into a life full of joy and grace." John H., Naperville, IL

"When Murray and Betsy met with Kate and me we felt we had found a unique resource. Murray and Betsy are trained professionals but in recovery themselves. Together we improved our marriage that was so devastated by sex addiction." Jeff and Kate C., Wheaton, IL

"I have known Murray for almost 25 years. His wisdom and ability to connect with addicts has made him someone people trust. He is a very spiritual person and that helps people understand that it takes more than 12-Step meetings and hope to create a real spiritual awakening." Mark H, Naperville, IL



## Our Mission:

To bring understanding, recovery and hope to individuals, couples and groups through personal triumph, professional training and the power of faith based recovery.

"Your talents are God's gifts to you. What you do with them is your gift back to God."  
Leo Buscaglia

## Contact Us

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